



MEN & MASCULINITIES

Virtual Support & Process Group

Designed for masculine-identifying individuals who want a space to explore identity, relationships, emotional expression, and the evolving meaning of masculinity.

Together, we create space to:

- Reflect on personal experiences
- Challenge expectations and pressure
- Build authentic connection with others

Thursdays | 5:00–6:00 PM | Virtual

Led by: Jacob Moore, Ph.D.
Justin Harker, Ph.D.

JOIN NOW!

240-750-6467

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